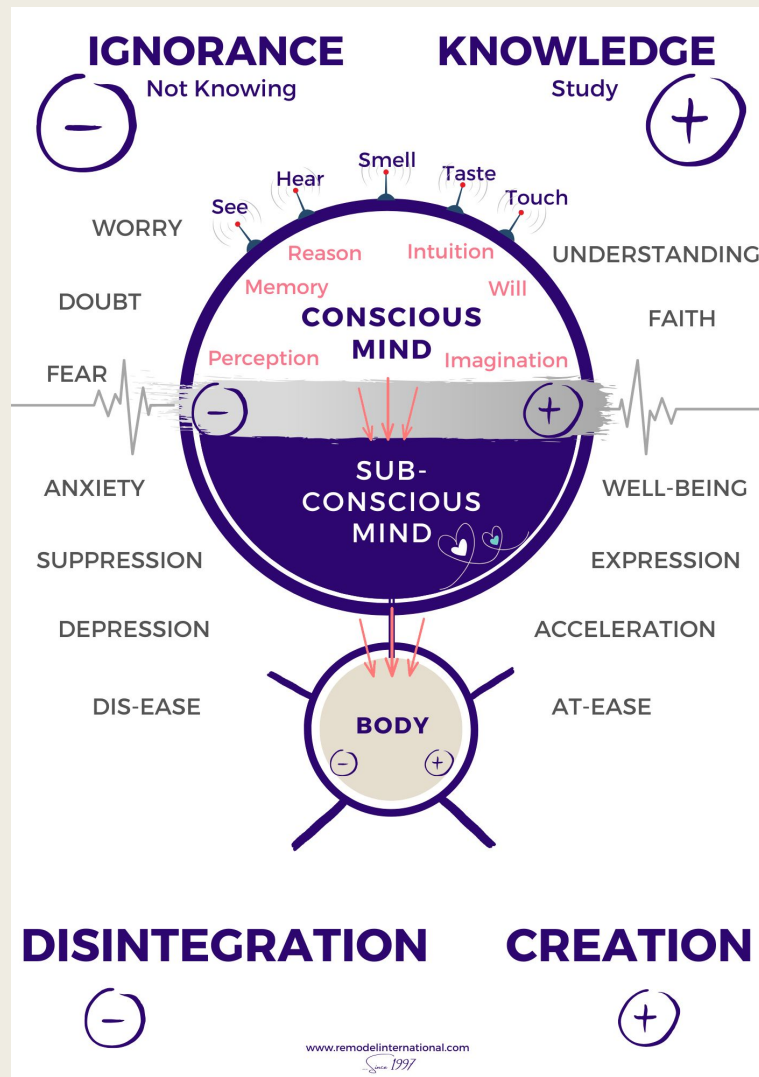


Paradigms Part 3: Understanding, Faith & Well-Being

Faith based on understanding can move mountains.



♦ WHAT YOU NEED TO KNOW ♦

- ♦ The opposite of doubt and worry isn't confidence — it's **understanding**.
- ♦ Understanding leads to faith — not blind faith, but faith based on knowing how things actually work.
- ♦ Faith produces a sense of well-being.
- ♦ When you express well-being, the Universe responds by sending back the same kind of energy.
- ♦ Once that cycle is running, you become genuinely creative.