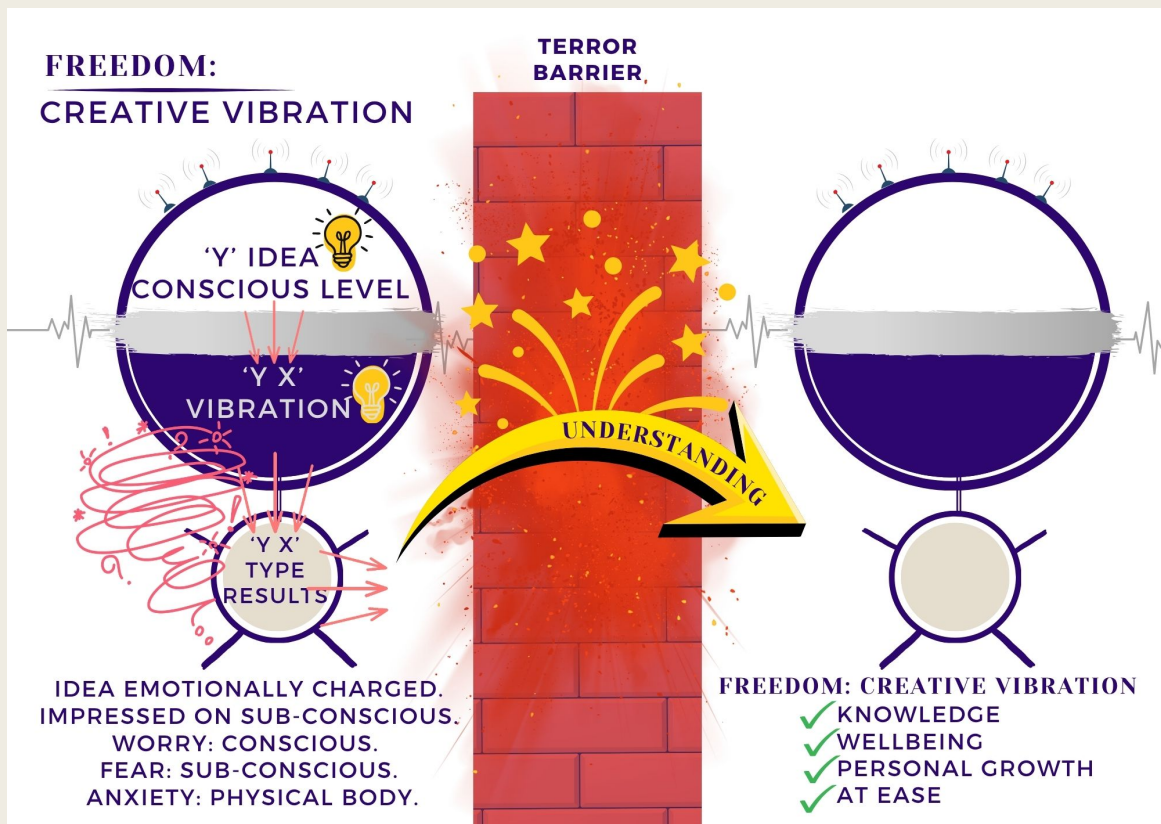


The Terror Barrier

The fear that shows up right before your biggest growth.



◆ WHAT YOU NEED TO KNOW ◆

- ◆ A real goal (a “C-type” goal) should **excite you and scare you** at the same time.
- ◆ That fear happens because your old paradigm (vibration X) is in conflict with the new one you're reaching for (vibration Y).
- ◆ To change your results, you have to change your paradigm — and that takes strong, conscious control over your thinking.
- ◆ Fear and growth go hand in hand. Facing what scares you on purpose is how growth actually happens.
- ◆ Every time you feel this fear, you get a choice: step back into safety, or **step forward into growth**.