

Your Mind

The mind that thinks a thing can help make it real.



◆ WHAT YOU NEED TO KNOW ◆

- ◆ Your mind is **not the same thing** as your brain. It isn't in one part of you — it's in every part of you.
- ◆ Your mind is your connection with the wider Universe/God.
- ◆ That connection gets blocked by your paradigms — the programming you'll learn about next lessons.
- ◆ Your mind isn't a storage box for old information. It's built to create brand-new things that never existed before.
- ◆ Because **thoughts become things**: if you imagine your goal as already true, you set it in motion.
- ◆ Choose the good ones.
- ◆ Whatever thought you repeat, especially with strong feeling, eventually becomes real in your life.

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Napoleon Hill: 'Mental Engineering: it's not just about positive thinking, it's a practical process of actively controlling your thoughts, beliefs and emotions to align them with your aspirations.'

Sheila Love IMPACT-ology Mastermind

SHEILA LOVE — WHERE EVERYTHING IS POSSIBLE